

# EarlyON Child and Family Centre in York Region

## Aurora Centre


40 Engelhard Dr. Unit 1 Aurora, ON L4G 6X6  
1-866-404-2077 Ext. 217



## July 2024 Calendar

All Aurora's main centre and mobile programs are on the Children's Services Portal in Red

**Please note all locations will be closed on July 1, 2024**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Aurora Main Centre 40 Engelhard Dr. Unit 1 Aurora ON, L4G 6X6</b>					
<b>Morning Programs</b>					
<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am
<b>Afternoon Programs</b>					
<b>Musical Babies</b> (0 to 12 months) 1:30 to 3:00 pm	<b>Creative Chefs</b> (2 to 6 years) 1:30 to 3:00 pm <b>Registration Required</b>	<b>Toddler Time</b> (10 to 30 months) 1:30 to 3:00 pm	<b>Fun with Science</b> (1 to 6 years) 1:30 to 3:00 pm		
		<b>Let's Talk</b> (Parenting Support Program) 1:30 to 3:00 pm <b>See Page 3</b>			
<b>Evening Program</b>					
	<b>Goodnight Story</b> (1 to 6 years) 5:30 to 7:30 pm				<small>Aurora Calendar</small> 

Please note that programs and program times are subject to change.

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## July 2024 Aurora Mobile Calendar

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Sheppard's Bush Conservation Area – Entrance on Mary St</b>					
<b>Strollers "N" Motion</b> (0 to 12 months) 9:00 to 11:00 am		<b>Nature and Me</b> (0 to 6 years) 9:00 to 11:00 am		<b>Nature and Me</b> (0 to 6 years) 9:00 to 11:00 am	
<b>Family Fun Outdoors</b> (0 to 6 years) 1:30 to 3:00 pm	<b>Art in the Park</b> (1 to 6 years) 1:30 to 3:00 pm	<b>Musical Babies</b> (0 to 12 months) 1:30 to 3:00 pm			
<b>Confederation Park – 126 Glass Dr. Aurora, ON L4G 2E8</b>					
			<b>Move &amp; Groove</b> (0 to 6 years) 9:00 to 11:00 am		

## Virtual Programs

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Virtual Programs- Pre-registration required. Link will be sent by email 30 min prior to the start of the program</b>					
<ul style="list-style-type: none"> <li>● <b>Playful Math</b> 9:00 to 9:45 am</li> <li>● <b>Songs, Rhymes, &amp; Stories</b> 10:00 to 10:45 am</li> <li>● <b>Triple P Fearless</b> 1:30 to 3:00 pm</li> </ul> <p><b>No programs on July 1</b></p>	<ul style="list-style-type: none"> <li>● <b>Triple P Primary Care</b> 9:00 to 11:00 am <b>Registration required</b></li> <li>● <b>Songs, Rhymes, &amp; Stories "Mandarin"</b> 2:30 to 3:15 pm</li> <li>● <b>Songs, Rhymes, &amp; Stories "Italian"</b> 2:30 to 3:15 pm</li> </ul>	<ul style="list-style-type: none"> <li>● <b>Playful Math "Ukrainian"</b> 2:30 to 3:15 pm</li> </ul>	<ul style="list-style-type: none"> <li>● <b>Songs, Rhymes, &amp; Stories</b> 9:00 to 9:45 am</li> <li>● <b>Songs, Rhymes, &amp; Stories "Turkish"</b> 1:30 to 2:15 pm</li> <li>● <b>Songs, Rhymes, &amp; Stories "Spanish"</b> 2:30 to 3:15 pm</li> </ul>	<ul style="list-style-type: none"> <li>● <b>Triple P Primary Care</b> 9:00 to 11:00 am</li> <li>● <b>Songs, Rhymes, &amp; Stories "Cantonese"</b> 10:00 to 10:45 am</li> </ul>	<p>Aurora Calendar</p>

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## Parenting Workshops & EarlyON Special Events

### Let's Talk

**Preparing your Child for Toilet Training Part 1, – July 3, 2024,** – These sessions will be divided into 3 sessions. Families are invited to learn some tips on how to prepare their children for toilet training. Families are encouraged to bring their questions and experiences to share with other families.

**Preparing your Child for Toilet Training Part 2, – July 10, 2024,** - please see July 3, 2024.

**Preparing your Child for Toilet Training Part 3, – July 17, 2024,** - please see July 3, 2024.

**Building Positive Relationships with Childcare Teachers – July 24, 2024,** - Trusting another person with your child is a challenge. We will be exploring how to promote positive relationships with your child's childcare teachers.

**Getting Ready for the Childcare Journey – July 31, 2024** - Starting childcare can be an overwhelming experience. Join us in a discussion about getting you and your child ready for childcare. We will offer some helpful tips and encourage families to share any tips that they have found to be helpful when starting their children in childcare.

### Aurora Public Library:

**In partnership with the Aurora Public Library,** on the third Thursday of every month, the **Baby Café** program meets at the Aurora Town Park From 10:30 to 11:30 am. **Register on Eventbrite for July 18, 2024.**

## Program Descriptions – Triple P Programs

**Triple P Fearless** (2 to 6 years) Fear-Less Triple Parenting was developed to help anxious children and their parents. Everyone experiences anxiety, stress and worry from time to time. However, for some, anxiety, stress and worry can overwhelm day-to-day lives. This Fear-Less series offers parents support with:

- Learning what anxiety is and how it develops?
- Develop strategies to encourage children to express, tolerate and manage their upsetting emotions.
- Create a step by step coping plan

**Triple P Primary Care** - Primary care is a private and quick way to get Triple P support that targets the exact parenting problem or issue you are having, (e.g. tantrums, fighting, going shopping; and supports skill development e.g. eating independently, toilet training or staying in bed at night.) You (and your partner if you wish) will meet with a Triple P provider about four time. Each session usually takes between 15-30 minutes. You'll go home with tip sheets to remind you of the strategies you've chosen.

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### PROGRAM DESCRIPTIONS

**Art in the Park** (1 to 6 years) This program welcomes parents, caregivers and children to be inspired by the process of creating masterpieces together, using recyclable materials and loose parts found in nature.

**Creative Chefs** (2 to 6 years) This program invites parents, caregivers and children to participate in fun and interactive early learning experiences while preparing healthy and nutritious food. Resources on healthy eating and nutrition will be made available for families.

**Family Fun Outdoors** (0 to 6 years) This program provides the opportunity to visit local parks and outdoor spaces. Parents, caregivers and children can come and enjoy some fun and interactive outdoor physical activities. Studies show that children who play outdoors are happier and healthier.

**Family Stay & Play** (0 to 6 years) Parents, caregivers, and children are welcome to engage in a variety of fun early learning experiences that build positive relationships. A selection of materials will be available for you to play and learn together while providing parents and caregivers with an opportunity to connect with others.

**Fun with Science** (1 to 6 years) Every child is a born scientist! This program offers fun, hands-on, interactive, and educational science experiments and ideas for the whole family.

**Goodnight Story** (1 to 6 years) Come dressed in pajamas and bring your favorite snuggle toy and be ready for a “Good night story” to finish your fun-filled day.

**Let’s Talk** (0 to 6 years) Parenting is not always easy and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise. Settle in for an hour just for you!

**Move & Groove** (0 to 6 years) This program provides an opportunity for parents, caregivers, and their children to engage in active play that supports the development of gross motor skills while having fun. Through a variety of experiences together, we will stretch, bend, and move to music to support healthy living.

**Musical Babies** (0 to 12 months) This program welcomes parents, caregivers, and babies to experience music together. Families will gather and sing songs, learn rhymes, and use a variety of musical instruments, props, and materials

**Nature & Me** (0 to 6 years) This program welcomes parents, caregivers, and children outside to explore what nature has to offer. We invite families to discover, appreciate, and respect nature through discovering sights, sounds, smells, and touch along the way. There may be an opportunity to see animals and wildlife in their natural environment.

**Playful Math** (2 to 6 years) Math is everywhere in our environment! We will use a variety of songs, rhymes, and activities to discover how math can be part of everyday play.

**Playful Math “Ukrainian”** – (2 to 6 years) Math is everywhere in our environment! We will use a variety of songs, rhymes, and activities to discover how math can be part of everyday play. This program is being offered in Ukrainian.

**Songs, Rhymes & Stories** (0 to 6 years) This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories.

**Songs, Rhymes, & Stories “Cantonese”** (0 to 6 years) This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories in Cantonese.

**Songs, Rhymes, & Stories “Italian”** (0 to 6 years) This program welcomes all parents, caregivers and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes and stories in Italian

**Songs, Rhymes, & Stories “Mandarin”** (0 to 6 years) This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories in Mandarin.

**Songs, Rhymes, & Stories “Spanish”** (0 to 6 years) This program welcomes all parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories in Spanish.

**Songs, Rhymes & Stories “Turkish”** (0 to 6 years) This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories in Turkish

**Strollers “N” Motion** (0 to 12 months) This program highlights moving, walking, building strength, nurturing a healthy body & mind, and creativity while creating an empowering community for everybody!

**Toddler Time** (10 to 30 months) Parents, caregivers, and toddlers are welcome to play together and discover the world through their senses. The nurturing environment enhances learning experiences that support healthy child development.

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#### EarlyON Child and Family Centres in York Region - Mobile Information

1-866-404-2077 Ext. 215 (Woodbridge Centre)

905-859-9941 (King Centre)

[Early\\_ON@socialenterprise.ca](mailto:Early_ON@socialenterprise.ca) | [york.ca/EarlyON](http://york.ca/EarlyON)

