

EarlyON Child and Family Centre in York Region

Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9
Tel: 1-866-404-2077 ext. 215





Child and Family Centre

August 2024 Woodbridge Main Calendar

All Woodbridge main and mobile programs are on the Children's Services Portal in PURPLE

Please note all locations will be closed on August 5, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Woodbridge Main Centre – 140 Woodbridge Ave Unit E400, ON, L4L 4K9					
Morning Programs					
Family Stay & Play (0 to 6 years) 9:00 to 11:00 am No program August 5	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am No program August 28	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am EarlyON Special Event August 8, See page 3	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am
Let's Talk 9:30 to 11:00 am (Parenting Support Program) See topics on page 3 No program August 5				 Triple P Primary Care 9:00 to 11:00 am (Parenting Support Program)	
Afternoon Programs					
Toddler Time (10 to 30 months) 1:30 to 3:00 pm No program August 5	Baby & Me (0 to 12 months) 1:30 to 3:00 pm	Zumbini (0 to 6 years) 1:30 to 3:00 pm No program August 28	Creative Chefs (2 to 6 years) 1:30 to 3:00 pm Registration required		
			Baby Move & Groove (0 to 12 months) 1:30 to 3:00 pm		
Evening Programs					
			Journey to Kindergarten (Children Entering Kindergarten) 5:30 to 7:30 pm July 4 to August 8		Woodbridge Calendar 
			Family Stay & Play (0 to 6 years) 5:30 to 7:30 pm Starting August 15		

Please note that programs and program times are subject to change.

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Child and Family Centre

August 2024 Woodbridge Mobile Calendar

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kleinburg Library – 10341 Islington Ave, Kleinburg, ON L0J 1C0					
		Musical Babies (0 to 12 months) 1:30 to 3:00 pm No program August 21			
St Mary of the Angels CES Park – 351 Vellore Park Ave, Woodbridge, ON L4H 0E4					
			Nature & Me (0 to 6 years) 2:00 to 3:30 pm August 1, 2024	<u>Please note</u> Programs will be held outdoors in the park	
			Musical Babies (0 to 12 months) 2:00 to 3:30 pm August 8, 2024		
			Musical Babies (0 to 12 months) 2:00 to 3:30 pm August 29, 2024		
Veteran's Park – Woodbridge Ave, Vaughan, ON L4L 1L2					
Zumbini (0 to 6 years) 9:30 to 11:00 am No program August 5	Musical Babies (0 to 6 years) 9:30 to 11:00 am				
	Stroller Walk (0 to 24 months) 1:30 to 3:00 pm	<u>Please note</u> For the Stroller Walk please meet at Woodbridge Main Centre			
Vaughan Community Health Centre – 9401 Jane St Unit 106, Maple, ON L6A 4H7					
			EarlyON Parent and Child Summer Camp (0 to 6 years) 9:30 to 11:30 Programs on page 3 No Program August 29		
Welcome Centre Vaughan – 9100 Jane St Unit 56, Concord, ON L4K 0A4					
	Zumbini (0 to 6 years) 9:30 to 11:00 am Registration required No program August 27	Parent-Child Mother Goose (0 to 12 months) 9:30 to 11:00 am Registration required No program August 28			Woodbridge Calendar

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August 2024 Virtual Programs

VIRTUAL PROGRAMS- Pre-registration is required. (A link will be sent by email 30 minutes before the start of the program)					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> ● Playful Math 9:00 to 9:45 am ● Songs, Rhymes & Stories 10:00 to 10:45 am ● Triple P Fear-Less 1:30 to 3:00 pm <p>No programs August 5</p>	<ul style="list-style-type: none"> ● Triple P Primary Care 9:00 to 11:00 am ● Songs, Rhymes, & Stories "Mandarin" 2:30 to 3:15 pm ● Songs, Rhymes, & Stories "Italian" 2:30 to 3:15 pm 	<ul style="list-style-type: none"> ● Songs, Rhymes, & Stories "Ukrainian" August 28 only ● Playful Math "Ukrainian" 2:30 to 3:15 pm 	<ul style="list-style-type: none"> ● Songs, Rhymes, & Stories 9:00 to 9:45 am ● Songs, Rhymes, & Stories "Turkish" 1:30 to 2:15 pm ● Songs, Rhymes & Stories "Spanish" 2:30 to 3:15 pm 	<ul style="list-style-type: none"> ● Songs, Rhymes & Stories "Cantonese" 10:00 to 10:45 am 	<p>Woodbridge Calendar</p>

Parent Workshops and EarlyON Special Events

Let's Talk

Risky Play – August 12, 2024 – This workshop discusses the benefits of Risky Play and why it is essential for child development.

Connecting Through Communication – August 19, 2024 - Guest speaker Tamara Estabrooks will be discussing connecting through communication.

Toilet Learning – August 26, 2024 – Have difficulty teaching your child to use the toilet? Daniela Ferrante and Dina Russo-De Cotiis will be sharing tips and advice on how to transition your child to the toilet.

EarlyON Special Events at Woodbridge Main Centre

Meet and Greet with Officer Kamran – August 8, 2024 – 10:00 to 11:00 am. Meet Officer Kamran who will be bringing his police car for all to see at Woodbridge Main Centre

Teddy Bear Picnic – August 8, 2024 – 10:00 to 12:00 pm – Located at the Kortright Centre for Conservation (Archetype House Lawn) - Bring a small stuffed animal to join us for our Teddy Bear Picnic at Kortright Centre for Conservation. **Pre-Registration Required.**

EarlyON Parent and Child Summer Camp at Vaughan Community Health Centre

Dance and Groove to Music (2 to 6 years) – August 1, 2024 – 9:30 to 11:30 am – Come and join us on this interactive journey with the power of movement and music to help promote cognitive, social, emotional, and motor skills

Language of Clay (2 to 6 years) – August 8, 2024 – 9:30 to 11:30 am - Multi-sensory experiences with Clay, creating 3D objects while nurturing therapeutic and self-regulating benefits with clay.

Let Loose with Loose Parts (2 to 6 years) – August 15, 2024 – 9:30 to 11:30 am - Children explore loose parts and create from their imagination.

Kids in the Kitchen (2 to 6 years) – August 22, 2024 – 9:30 to 11:30 am - Creating Healthy snacks together as we foster a generation of young chefs in the making.

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905-859-9941 (King Centre)

Early.ON@socialenterprise.ca | york.ca/EarlyON



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Program Descriptions

Baby & Me (0 to 12 months) – Parents, caregivers, and babies are invited to join in on conversations and information sharing on healthy child development. This program includes songs, rhymes, and activities, which encourage connections with your baby.

Baby Move & Groove (0 to 12 months) - This program provides an opportunity for parents, caregivers, and their babies to engage in active play that supports the development of gross motor skills while having fun. Through a variety of activities together we will stretch, bend, and move to music to support healthy living while celebrating developmental milestones.

Creative Chefs (2 to 6 years) - This program invites parents, caregivers, and children to participate in fun and interactive early learning experiences while preparing healthy and nutritious food. Resources on healthy eating and nutrition will be made available for families.
Registration required

EarlyON Parent and Child Summer Camp (2 to 6 years) – Looking for fun and free experiences for you and your child over the summer? EarlyON has you covered! A variety of camps may be offered to support children; both outdoors, indoors, and virtually. Summer Camps foster emotional intelligence, help with confidence building, leadership skills, making friends, and experiencing new adventures! Come and join us!

Family Stay & Play (0 to 6 years) - Parents, caregivers, and children are welcome to engage in various fun early learning experiences that build positive relationships. A selection of materials will be available for you to play and learn together while allowing parents and caregivers to connect with others.

Journey to Kindergarten (children entering Kindergarten) - This program supports families with children about to enter Kindergarten, connecting them to York Region resources, fostering idea exchange, and contributing to building a strong foundation for children's learning and positive experiences. **Registration Required**

Musical Babies (0 to 12 months) - This program welcomes parents, caregivers, and babies to experience music together. Families will gather and sing songs, learn rhymes, and use a variety of musical instruments, props, and materials.

Parent-Child Mother Goose (0 to 12 months) - This program is a group experience for parents and their babies and young children focusing on the pleasure and power of using rhymes, songs, and stories together. Parents gain skills and confidence which can enable them to create positive family patterns during their children's crucial early years. Children benefit from enjoyable, healthy early experiences with language and communication. **Registration required**

Toddler Time (10 to 30 months) - Parents, caregivers, and toddlers are welcome to play together and discover the world through their senses. The nurturing environment enhances learning experiences that support healthy child development.

Zumbini (0 to 6 years) - Zumbini is a movement-based program that provides the opportunity for children to experience the sounds and rhythm of the music and movement. Zumbini also encourages parent-child bonding while helping to develop cognitive abilities, motor and social skills, language, and emotional well-being. It is also a fun workout for parents! **Registration required for Welcome Centre Vaughan**

Woodbridge Calendar



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Program Descriptions

Outdoor Programs

Musical Babies (0 to 12 months) - This program welcomes parents, caregivers, and babies to experience music together. Families will gather and sing songs, learn rhymes, and use a variety of musical instruments, props, and materials.

Nature and Me (0 to 6 years) -This program welcomes parents, caregivers, and children outside to explore what nature has to offer. We invite families to discover, appreciate, and respect nature by discovering sights, sounds, smells, and touch along the way. There may be an opportunity to see animals and wildlife in their natural environment.

Stroller Walk (0 to 24 months) – Parents, caregivers, and children in strollers are invited to get active and participate in a community stroller walk. You will have the opportunity to explore the neighborhood and connect and chat with others while promoting a healthy lifestyle.

Zumbini (0 to 6 years) – Zumbini is a movement-based program that provides the opportunity for children to experience the sounds and rhythm of the music and movement. Zumbini also encourages parent-child bonding while helping to develop cognitive abilities, motor and social skills, language, and emotional well-being. It is also a fun workout for parents!

Parenting Programs

Let's Talk - Parenting is not always easy and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise. Settle in for an hour just for you!

Triple P Primary Care -Primary care is a private and quick way to get Triple P support that targets the exact parenting problem or issue you are having, (e.g. tantrums, fighting, going shopping; and supports skill development e.g. eating independently, toilet training or staying in bed at night.) You (and your partner if you wish) will meet with a Triple P provider about four times. Each session usually takes between 15-30 minutes. You'll go home with tip sheets to remind you of the strategies you've chosen.

Triple P Fear-Less – (2 to 6 years) - Fear-Less Triple Parenting was developed to help anxious children and their parents. Everyone experiences anxiety, stress, and worry from time to time. However, for some, anxiety, stress, and worry can overwhelm day-to-day lives. This Fear-Less series offers parents support with:

- Learning what anxiety is and how it develops?
- Develop strategies to encourage children to express, tolerate, and manage their upsetting emotions.
- Create a step-by-step coping plan

Virtual Programs

Playful Math "Ukrainian" (2 to 6 years) - Math is everywhere in our environment! We will use a variety of songs, rhymes, and activities to discover how math can be part of everyday play. This program will be done in Ukrainian.

Songs, Rhymes, & Stories (0 to 6 years) - This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories.

Songs, Rhymes, & Stories "Cantonese" (0 to 6 years) - This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories in Cantonese.

Songs, Rhymes, & Stories "Italian" (0 to 6 years) - This program welcomes all parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories in Italian.

Songs, Rhymes, & Stories "Mandarin" (0 to 6 years) - This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories in Mandarin.

Songs, Rhymes, & Stories "Spanish" (0 to 6 years) - This program welcomes all parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories in Spanish.

Songs, Rhymes & Stories "Turkish" (0 to 6 years) - This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories in Turkish.

Songs, Rhymes, & Stories "Ukrainian" (0 to 6 years) - This program welcomes all parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories in Ukrainian.

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