Aurora Centre
40 Engelhard Dr. Unit 1 Aurora, ON L4G 6X6
1-866-404-2077 Ext. 217



### January 2025 Calendar

### Aurora Main Centre reopens on January 2, 2025 Mobile locations reopen on January 6, 2025

All Aurora's main centre and mobile programs are on the Children's Services Portal in Red

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	· · · ·	·	d Dr. Unit 1 Aurora				
Morning Programs							
Family Stay & Play (0 to 6 years)	Family Stay & Play (0 to 6 years)	<b>Toddler Time</b> (10 to 30 months) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years)	Family Stay & Play (0 to 6 years)	Family Stay & Play (0 to 6 years)		
9:00 to 11:00 am	9:00 to 11:00 am		9:00 to 11:00 am	9:00 to 11:00 am  Librarian visit  January 10	9:00 to 11:00 am		
Afternoon Programs							
Baby & Me (0 to 12 months) 1:30 to 3:00 pm	Parent & Baby Yoga (4 to 12 months) 1:30 to 3:00 pm Registration Required	Musical Babies (0 to 12 months) 1:30 to 3:00 pm	Family Stay & Play (0 to 6 years) 1:30 to 3:00 pm January 2 only  Infant Massage (0 to 12 months) 1:30 to 3:00 pm Registration Required January 9 to February 13				
		Evening F	Program				
	Family Stay & Play (0 to 6 years) 5:30 to 7:30 pm				Aurora Calendar		



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### January 2025 Aurora Mobile Calendar

Mobile locations reopen on January 6, 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Light of Christ Catholic Elementary School – 290 McClellan Way Aurora ON L4G 6P3							
Family Stay & Play (0 to 6 years) 9:30 to 11:30 am	Family Stay & Play (0 to 6 years) 9:30 to 11:30 am	Family Stay & Play (0 to 6 years) 9:30 to 11:30 am	Family Stay & Play (0 to 6 years) 9:30 to 11:30 am	Family Stay & Play (0 to 6 years) 9:30 to 11:30 am			
Toddler Time (10 to 30 months) 1:30 to 3:00 pm	Fun Steam (2 to 6 years) 1:30 to 3:00 pm	Family Stay & Play (0 to 6 years) 1:30 to 3:00 pm	Family Stay & Play (0 to 6 years) 1:30 to 3:00 pm				
St. Jerome Catholic Elementary School – 20 Bridgenorth Dr. Aurora ON L6G 7P3							
Tiny Toes (0 to 12 months) 9:00 to 11:00 am  Family Stay & Play (0 to 6 years)		Family Stay & Play (0 to 6 years) 9:00 to 11:00 am  Toddler Time (10 to 30 months)		Family Stay & Play (0 to 6 years) 9:00 to 11:00 am			
1:30 to 3:00 pm		1:30 to 3:00 pm					
Regency Acres Public School – 123 Murray Dr. Aurora ON L4G 2C7							
			Little Gym (1 to 6 years) 8:45 to 10:15 am				
Sheppard's Bush Conservation Area – Entrance on Mary St							
	Nature & Me (0 to 6 years) 1:30 – 3:00 pm						



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### **January Virtual Programs**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
Virtual Program	Virtual Programs- Pre-registration required. The link will be sent by email 30 minutes before the start of the program							
Songs, Rhymes & Stories "Punjabi" 10:00 to 10:45 am  Songs, Rhymes, & Stories "Mandarin" 1:30 to 2:15 pm  Songs, Rhymes, & Stories 1:30 to 2:15 pm  Songs, Rhymes, & Stories 1:30 to 2:15 pm  Songs, Rhymes, & Stories 1:30 to 2:15 pm	Songs, Rhymes, & Stories 1:30 to 2:15 pm  Songs, Rhymes, & Stories "Spanish" 2:30 to 3:15 pm	Songs, Rhymes, & Stories 10:00 to 10:45 am  Let's Talk 1:30 to 2:30 pm	Songs, Rhymes, & Stories "Turkish" 1:30 to 2:15 pm  Songs, Rhymes, & Stories "Urdu" 2:30 to 3:15 pm	Songs, Rhymes, & Stories 10:00 to 10:45 am  Songs, Rhymes, & Stories 11:00 to 11:45 am	Aurora Calendar			

#### **Parenting Workshops & EarlyON Special Events**

#### **Virtual Let's Talk**

Managing Anxiety in Children – January 8, 2025 - Join us as we explore effective strategies managing anxiety in children.

Time-Ins instead of Time-Outs – January 15, 2025 - Discover the benefits of using time-ins.

Type of Play – January 22, 2025 - Join us as we discuss the different types of play your child is exploring.

Look-See Check List – January 29, 2025 - Explore this practical tool for observing and assessing children's development.

#### **Aurora Public Library**

In partnership with the Aurora Public Library, on the third Tuesday of every month, the Baby Café program meets at the Magna Room in the library. From 11:00 am to 12:00 pm. Register on Eventbrite for January 21, 2025



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#### PROGRAM DESCRIPTIONS

**Baby & Me** (0 to 12 months) - Parents, caregivers, and babies are invited to join in on conversations and information sharing on healthy child development. This program includes songs, rhymes, and activities, which encourage connections with your baby.

**Family Stay & Play** (0 to 6 years) Parents, caregivers, and children are welcome to engage in a variety of fun early learning experiences that build positive relationships. A selection of materials will be available for you to play and learn together while providing parents and caregivers with an opportunity to connect with others.

**Fun with Steam** (2 to 6 years) - This program invites parents, caregivers, and children to explore STEAM skills and concepts in a group setting. STEAM (science, technology, engineering, art, and math) learning happens every day as children investigate, play, communicate, and try new things.

Infant Massage (0 to 12 months) - This program promotes nurturing touch and communication and teaches parents how to massage their babies, read the baby's cues, and help with bonding and attachment. Supporting and encouraging parents to trust their abilities and intuition are part of the process. The International Association of Infant Massage (IAIM) instructors are certified to teach this program. Registration Required

**Little Gym** (1 to 6 years) - Physical activity is an integral and beneficial part of any child's growth, helping to build a child's self-esteem, confidence, physical skills, and brain health. My little gym is just that...a little gym that encourages imaginative play and movement-based learning.

**Musical Babies** (0 to 12 months) This program welcomes parents, caregivers, and babies to experience music together. Families will gather and sing songs, learn rhymes, and use a variety of musical instruments, props, and materials

Parent and Baby Yoga (4 to 12 months) – the many poses and exercises practiced in soothing Parent-Baby Yoga offer an abundance of benefits for both parent and baby. Yoga can help develop gross and fine motor skills, strengthen parent-baby bonding, boost emotional well-being, and may improve baby's sleep and digestion. This 4-week program will also promote nurturing touch and communication between a parent and child. FOR INFANTS 4 to 12 MONTHS and their PARENTS/CAREGIVERS. Registration Required

**Tiny Toes** (0 to 12 months) - Research says infants should be physically active several times a day for optimal growth and development. This program invites parents, caregivers and babies to engage in fun and interactive music and movement experiences to enhance and support adult-baby connection, physical literacy and early learning.

**Toddler Time** (10 to 30 months) Parents, caregivers, and toddlers are welcome to play together and discover the world through their senses. The nurturing environment enhances learning experiences that support healthy child development

#### **Outdoor Programs**

**Nature & Me** (0 to 6 years) - This program welcomes parents, caregivers, and children outside to explore what nature has to offer. We invite families to discover, appreciate, and respect nature by discovering sights, sounds, smells, and touch along the way. There may be an opportunity to see animals and wildlife in their natural environment.

#### **Virtual Parenting Programs**

**Let's Talk** -Parenting is not always easy and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise. Settle in for an hour just for you!

#### Virtual Programs

**Songs, Rhymes & Stories** (0 to 6 years) This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories.

For January **Songs, Rhymes, and Stories** is being offered in the following languages: — **English** - **Mandarin** — **Punjabi** — **Spanish** — **Turkish** - **Ukrainian,** and **Urdu**Aurora Calendar



