

# EarlyON Child and Family Centre in York Region

## Woodbridge



140 Woodbridge Ave Unit E400, ON L4L 4K9  
Tel: 1-866-404-2077 ext. 215



Child and Family Centre

## March 2025 Woodbridge Main Calendar

All Woodbridge main and mobile programs are on the Children's Services Portal in PURPLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Woodbridge Main Centre – 140 Woodbridge Ave Unit E400, ON, L4L 4K9</b>					
<b>Morning Programs</b>					
<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am
<b>Let's Talk</b> 9:30 to 11:00 am <i>See topics on page 3</i>	<b>Baby &amp; Me</b> (0 to 12 months) 9:00 to 11:00 am			 <b>Triple P Primary Care Coffee Chats</b> 9:30 to 11:00 am <i>Note new program</i>	
<b>Afternoon Programs</b>					
<b>Infant Massage</b> (0 to 12 months) 1:30 to 3:00 pm <i>Registration required March 10 to April 14</i>	<b>Loose Parts Play</b> (2 to 6 years) 1:30 to 3:00 pm	<b>Messy Play</b> (1 to 6 years) 1:30 to 3:00 pm	<b>Move &amp; Groove</b> (0 to 6 years) 1:30 to 3:00 pm		
			<b>Family Stay &amp; Play "Italian"</b> (0 to 6 years) 1:30 to 3:00 pm		
<b>Evening Programs</b>					
			<b>NEW Journey to Kindergarten</b> (3 to 4 years) 5:30 to 7:30 <i>March 6 to April 10</i>		Woodbridge Calendar 

Please note that programs and program times are subject to change.

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## March 2025 Woodbridge Mobile Calendar

**St Mary CES location will be closed from March 10 to 14, 2025**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Kleinburg Public Library - 10341 Islington Ave, Kleinburg ON L0J 1C0</b>					
		<b>Musical Babies</b> (0 to 12 Months) 1:30 to 3:00 pm			
<b>St Mary of the Angels Catholic Elementary School – 351 Vellore Park Ave, Woodbridge ON L4H 0E4</b>					
<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	
<b>Musical Babies</b> (0 to 12 months) 2:00 to 3:30 pm	<b>Toddler Time</b> (10 to 30 months) 2:00 to 3:30 pm	<b>Family Stay &amp; Play</b> (0 to 6 years) 2:00 to 3:30 pm	<b>Sing &amp; Sign</b> (0 to 12 months) 2:00 to 3:30 pm		
<b>Veteran’s Park – Woodbridge Ave, Vaughan ON L4L 1L2</b>					
<b>Strollers in Motion</b> (0 to 12 months) 9:30 to 11:00 am	<b>Teddy Bear Scavenger Hunt</b> (0 to 6 years) 9:00 to 11:00 am <b>See page 3</b> <b>March 25 only</b>				
<b>Vaughan Community Health Centre – 9401 Jane St Unit 206, Maple ON, L6A 4H7</b>					
			<b>Creative Chefs</b> (2 to 6 years) 9:30 to 11:30 am <b>Registration Required</b>		Woodbridge Calendar 

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## March 2025 Virtual Programs

VIRTUAL PROGRAMS- Pre-registration is required. (A link will be sent by email 30 minutes prior to the start of the program)					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Let's Talk</b> 11:00 to 11:45 am</p> <p><b>Songs, Rhymes, &amp; Stories "Ukrainian"</b> 1:30 to 2:15 pm</p> <p><b>Songs, Rhymes, &amp; Stories "Mandarin"</b> 1:30 to 2:15 pm</p> <p><b>Musical Babies</b> 2:30 to 3:15 pm</p>	<p><b>Songs, Rhymes, &amp; Stories</b> 1:30 to 2:15 pm</p> <p><b>Playful Math</b> 2:30 to 3:15 pm</p> <p><b>Musical Babies</b> 3:00 to 3:45 pm</p>	<p><b>Songs, Rhymes, &amp; Stories</b> 11:00 to 11:45 am</p> <p><b>Let's Talk</b> 1:30 to 2:30 pm <b>March 19 and 26 only</b></p> <p><b>Songs, Rhymes, &amp; Stories</b> 2:30 to 3:15 pm</p> <p><b>Songs, Rhymes, &amp; Stories "Urdu"</b> 3:30 to 4:15 pm</p>	<p><b>Songs, Rhymes, &amp; Stories "Cantonese"</b> 1:30 to 2:15 pm <b>No program on March 27</b></p> <p><b>Songs, Rhymes, &amp; Stories "Spanish"</b> 1:30 to 2:15 pm</p>		<p>Woodbridge Calendar</p> 

## PARENTING WORKSHOPS AND EVENTS

### Let's Talk

**Mommy & Me SalsaFit – March 3, 2025** – Join us with Andrea Mendoza, the creator of Mommy & Me SalsaFit, for a morning of exercise.

**Toilet Training – March 10, 2025** – Join us for an introduction to Toilet Training. This workshop is by Grandview Kids.

**Dental Health – March 17, 2025** – Please join us with a special guest from Bolton Kids Dental office.

**Preparing for Child Care – March 24, 2025** - Join us for a presentation and a discussion on preparing yourself and your child for childcare.

**Healthy Sleep Habits – March 31, 2024** - A happy life starts with healthy sleep. Join us with sleep Expert Alana Metallo.

### Triple P Coffee Chats

**Independent Eating – March 7, 2025** – This workshop will support you and encourage your child to sit at the table and feed themselves.

**Tidying Up – March 14, 2025** – This workshop provides suggestions to help teach your child to tidy up and look after their things.

**Going Shopping – March 21, 2025** -This workshop gives suggestions to help you make shopping fun and teach your preschooler how to behave responsibly on shopping trips

**Self-Esteem – March 28, 2025** – This workshop gives suggestions to help develop your child's self-esteem

### EarlyON Special Event

**Teddy Bear Scavenger Hunt – March 25, 2025, 9:00 to 11:00 am** - Join us at Veteran's Park for a fun teddy bear scavenger hunt.

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## Program Description

**Baby & Me** (0 to 12 months) – Parents, caregivers and babies are invited to join in on conversations and information sharing on healthy child development. This program includes songs, rhymes and activities, which encourage connections with your baby.

**Creative Chefs** (2 to 6 years) - This program invites parents, caregivers, and children to participate in fun and interactive early learning experiences while preparing healthy and nutritious food. Resources on healthy eating and nutrition will be made available for families

**Registration Required**

**Family Stay & Play** (0 to 6 years) - Parents, caregivers, and children are welcome to engage in various fun early learning experiences that build positive relationships. A selection of materials will be available for you to play and learn together while allowing parents and caregivers to connect with others.

**Family Stay & Play "Italian"** (0 to 6 years) - Parents, caregivers, and children are welcome to engage in various fun early learning experiences that build positive relationships. A selection of materials will be available for you to play and learn together while allowing parents and caregivers to connect with others. Offered in Italian.

**Infant Massage** (0 to 12 months) - This program promotes nurturing touch and communication and teaches parents how to massage their babies, read the babies' cues, and help with bonding and attachment. Supporting and encouraging parents to trust their abilities and intuition are part of the process. The International Association of Infant Massage (IAIM) instructors are certified to teach this program.

**Registration required**

**Loose Parts Play** (2 to 6 years) - Loose Parts Play uses materials from around the house! Children are invited to explore everyday objects in imaginative ways. Introducing loose parts play provides endless opportunities to develop early literacy, math, and problem-solving skills.

**Messy Play** (1 to 6 years) - This program welcomes parents, caregivers and children to engage with their senses which promote early learning and development. Join us in exploring creative messy activities while having fun.

**Move & Groove** (0 to 6 years) - This program provides an opportunity for parents, caregivers, and their children to engage in active play that supports the development of gross motor skills while having fun. Through a variety of experiences together we will stretch, bend, and move to music to support healthy living.

**Musical Babies** (0 to 12 months) - This program welcomes parents, caregivers, and babies to experience music together. Families will gather and sing songs, learn rhymes, and use a variety of musical instruments, props, and materials.

**Sing & Sign** (0 to 12 months) - This program is an introduction to American Sign Language for hearing infants. The session uses songs and games as a tool to include signing in everyday routines. It is an opportunity to bond with your baby and support language development as well as attachment.

**Toddler Time** (10 to 30 months) - Parents, caregivers and toddlers are welcome to play together and discover the world through their senses. The nurturing environment enhances learning experiences that support healthy child development.

Woodbridge Calendar



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EarlyON Child and Family Centres in York Region

1-866-404-2077 Ext. 217 (Aurora Centre)

905-859-9941 (King Centre)

[Early\\_ON@socialenterprise.ca](mailto:Early_ON@socialenterprise.ca) | [york.ca/EarlyON](http://york.ca/EarlyON)



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## Program Descriptions

### Outdoor Programs

**Strollers' "N" Motion (0 to 12 months)** -This program highlights moving, walking, building strength, nurturing a healthy body & mind, and creativity while creating an empowering community for everyBODY!

### Parenting Programs

**Let's Talk** - Parenting is not always easy and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise. Settle in for an hour just for you!

**Triple P Primary Care Coffee Chats** – Primary care is a private and quick way to get Triple P support that targets the exact parenting problem or issue you are having, (e.g. tantrums, fighting, going shopping; and supports skill development e.g. eating independently, toilet training or staying in bed at night.) You (and your partner if you wish) will meet with a Triple P provider about four times.

### Virtual Parenting Program

**Let's Talk** - - Parenting is not always easy and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise. Settle in for an hour just for you!

### Virtual Programs

**Musical Babies** – (0 to 12 months) -This program welcomes parents, caregivers, and babies to experience music together. Families will gather together and sing songs, learn rhymes, and use a variety of musical instruments, props, and materials.

**Playful Math** (2 to 6 years) – Math is everywhere in our environment! We will use a variety of songs, rhymes, and activities to discover how math can be part of everyday play.

**Songs, Rhymes, & Stories** (0 to 6 years) - This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and Stories.

For March, **Songs, Rhymes, and Stories** are being offered in the following languages:

**Cantonese**  
**English**  
**Mandarin**  
**Spanish**  
**Ukrainian**  
**Urdu**

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