

EarlyON Child and Family Centre in York Region

Woodbridge



140 Woodbridge Ave Unit E400, ON L4L 4K9
Tel: 1-866-404-2077 ext. 215



April 2025 Woodbridge Main Calendar

All locations will be closed from April 18 to 21, 2025

All Woodbridge main and mobile programs are on the Children's Services Portal in PURPLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Woodbridge Main Centre – 140 Woodbridge Ave Unit E400, ON, L4L 4K9					
Morning Programs					
Family Stay & Play (0 to 6 years) 9:00 to 11:00 am Closed April 21	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am Closed April 18	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am Closed April 19
Let's Talk 9:30 to 11:00 am See topics on page 3 Closed April 21	Baby & Me (0 to 12 months) 9:00 to 11:00 am			 Triple P Primary Care Coffee Chats 9:30 to 11:00 am See topics on page 3 Closed April 18	
Afternoon Programs					
Infant Massage (0 to 12 months) 1:30 to 3:00 pm Program full	Loose Parts Play (2 to 6 years) 1:30 to 3:00 pm	Messy Play (1 to 6 years) 1:30 to 3:00 pm	Move & Groove (0 to 6 years) 1:30 to 3:00 pm		
Family Stay & Play (0 to 6 years) 1:30 to 3:00 April 28 only			Family Stay & Play "Italian" (0 to 6 years) 1:30 to 3:00 pm		
Evening Programs					
			Journey to Kindergarten (3 to 4 years) 5:30 to 7:30 Program full		
			Family Stay & Play (0 to 6 years) 5:30 to 7:30 Starts April 17		Woodbridge Calendar 

Please note that programs and program times are subject to change.

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Child and Family Centre

April 2025 Woodbridge Mobile Calendar

All locations will be closed from April 18 to 21, 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kleinburg Public Library - 10341 Islington Ave, Kleinburg ON L0J 1C0					
		Musical Babies (0 to 12 Months) 1:30 to 3:00 pm			
St Mary of the Angels Catholic Elementary School – 351 Vellore Park Ave, Woodbridge ON L4H 0E4					
Family Stay & Play (0 to 6 years) 9:00 to 11:00 am Closed April 21	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am Closed April 18	
Musical Babies (0 to 12 months) 2:00 to 3:30 pm Closed April 21	Toddler Time (10 to 30 months) 2:00 to 3:30 pm	Family Stay & Play (0 to 6 years) 2:00 to 3:30 pm	Sing & Sign (0 to 12 months) 2:00 to 3:30 pm		
Veteran's Park – Woodbridge Ave, Vaughan ON L4L 1L2					
Strollers in Motion (0 to 12 months) 9:30 to 11:00 am Meet at the centre first Closed April 21	EarlyON Special Event Springtime Picnic (0 to 6 years) 9:30 to 11:00 am Meet at the park April 22				
Vaughan Community Health Centre – 9401 Jane St Unit 206, Maple ON, L6A 4H7					
			Zumbini (0 to 6 years) 9:30 to 11:30 am Registration Required		Woodbridge Calendar 

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April 2025 Virtual Programs

VIRTUAL PROGRAMS- Pre-registration is required. (A link will be sent by email 30 minutes prior to the start of the program)					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Let's Talk 11:00 to 11:45 am</p> <p>Songs, Rhymes, & Stories "Ukrainian" 1:30 to 2:15 pm</p> <p>Songs, Rhymes, & Stories "Mandarin" 1:30 to 2:15 pm</p> <p>Musical Babies 2:30 to 3:15 pm</p> <p>No programs April 21</p>	<p>Songs, Rhymes, & Stories 1:30 to 2:15 pm</p> <p>Playful Math 2:30 to 3:15 pm</p> <p>Musical Babies 3:00 to 3:45 pm</p>	<p>Songs, Rhymes, & Stories 11:00 to 11:45 am</p> <p>Triple P Primary Care Coffee Chats 1:30 to 2:30 pm</p> <p>Songs, Rhymes, & Stories "Urdu" 3:30 to 4:15 pm</p>	<p>Songs, Rhymes, & Stories "Cantonese" 1:30 to 2:15 pm</p> <p>Songs, Rhymes, & Stories "Spanish" 1:30 to 2:15 pm</p>		<p>Woodbridge Calendar</p>

PARENTING WORKSHOPS AND EVENTS

Let's Talk

Breastfeeding – April 7, 2025 – Join us for a non-judgmental and inclusive discussion on infant feeding with Natasha (IBCLC) and Nancy (Founder) from Anamav Postnatal Care.

Mental Health Support – April 14, 2025 – Join Chanel (Psychotherapist) and Nancy (Founder) from Anamav Postnatal Care for a discussion on mental health for parents during pregnancy and postpartum and promoting emotional well-being during the critical period.

Special Guest – April 28, 2025—Join us with Andrea Mendoza, the creator of Mommy & Me SalsaFit, for a morning of exercise.

Note: Please bring a baby carrier

Triple P Primary Care Coffee Chats

Independent Eating – April 4, 2025 – This workshop will support you and encourage your child to sit at the table and feed themselves.

Tidying Up – April 11, 2025 – This workshop provides suggestions to help teach your child to tidy up and look after their things.

Self-Esteem – April 25, 2025 – This workshop gives suggestions to help develop your child's self-esteem

EarlyON Special Event

Springtime Picnic – April 22, 2025 – 9:30 to 11:00 am - Join us for an outdoor Springtime Picnic! Enjoy a morning of fun nature-inspired activities, exploration, and community in the fresh spring air! At Veteran's Park 🌿🐰

EarlyON Special Event (Virtual)

April 23, 2025 – 6:30 to 7:30 pm – Get ready for lunch and snack routines with York Region Public Health nutrition staff! Topics include – Lunch ideas and inspirations, supporting children in transition to school lunches, and litterless lunches. Tips for making packed lunches a success. (Sessions are open to families that have children entering Year 1 or Year 2 of kindergarten.) **Pre-registration required**

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EarlyON Child and Family Centres in York Region

1-866-404-2077 Ext. 217 (Aurora Centre)

905-859-9941 (King Centre)

Early_ON@socialenterprise.ca | york.ca/EarlyON



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Program Description

Baby & Me (0 to 12 months) – Parents, caregivers and babies are invited to join in on conversations and information sharing on healthy child development. This program includes songs, rhymes and activities, which encourage connections with your baby.

Family Stay & Play (0 to 6 years) - Parents, caregivers, and children are welcome to engage in various fun early learning experiences that build positive relationships. A selection of materials will be available for you to play and learn together while allowing parents and caregivers to connect with others.

Family Stay & Play “Italian” (0 to 6 years) - Parents, caregivers, and children are welcome to engage in various fun early learning experiences that build positive relationships. A selection of materials will be available for you to play and learn together while allowing parents and caregivers to connect with others. Offered in Italian.

Infant Massage (0 to 12 months) - This program promotes nurturing touch and communication and teaches parents how to massage their babies, read the babies' cues, and help with bonding and attachment. Supporting and encouraging parents to trust their abilities and intuition are part of the process. The International Association of Infant Massage (IAIM) instructors are certified to teach this program.

Registration required

Loose Parts Play (2 to 6 years) - Loose Parts Play uses materials from around the house! Children are invited to explore everyday objects in imaginative ways. Introducing loose parts play provides endless opportunities to develop early literacy, math, and problem-solving skills.

Messy Play (1 to 6 years) - This program welcomes parents, caregivers and children to engage with their senses which promote early learning and development. Join us in exploring creative messy activities while having fun.

Move & Groove (0 to 6 years) - This program provides an opportunity for parents, caregivers, and their children to engage in active play that supports the development of gross motor skills while having fun. Through a variety of experiences together we will stretch, bend, and move to music to support healthy living.

Musical Babies (0 to 12 months) - This program welcomes parents, caregivers, and babies to experience music together. Families will gather and sing songs, learn rhymes, and use a variety of musical instruments, props, and materials.

Sing & Sign (0 to 12 months) - This program is an introduction to American Sign Language for hearing infants. The session uses songs and games as a tool to include signing in everyday routines. It is an opportunity to bond with your baby and support language development as well as attachment.

Toddler Time (10 to 30 months) - Parents, caregivers and toddlers are welcome to play together and discover the world through their senses. The nurturing environment enhances learning experiences that support healthy child development.

Zumbini (0 to 6 years) - Zumbini is a movement-based program which provides the opportunity for children to experience the sounds and rhythm of the music and movement. Zumbini also encourages parent-child bonding while helping to develop cognitive abilities, motor and social skills, language, and emotional well-being. It is also a fun workout for parents!

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Program Descriptions

Outdoor Programs

Strollers' "N" Motion (0 to 12 months) -This program highlights moving, walking, building strength, nurturing a healthy body & mind, and creativity while creating an empowering community for everyBODY! – **Please meet at the centre first**

Parenting Programs

Let's Talk - Parenting is not always easy and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise. Settle in for an hour just for you!

Triple P Primary Care Coffee Chats – Primary care is a private and quick way to get Triple P support that targets the exact parenting problem or issue you are having, (e.g. tantrums, fighting, going shopping; and supports skill development e.g. eating independently, toilet training or staying in bed at night.) You (and your partner if you wish) will meet with a Triple P provider about four times.

Virtual Parenting Program

Triple P Primary Care Coffee Chats - Primary care is a private and quick way to get Triple P support that targets the exact parenting problem or issue you are having, (e.g. tantrums, fighting, going shopping; and supports skill development e.g. eating independently, toilet training or staying in bed at night.) You (and your partner if you wish) will meet with a Triple P provider about four time. Each session usually takes between 15-30 minutes. You'll go home with tip sheets to remind you of the strategies you've chosen.

Virtual Programs

Musical Babies – (0 to 12 months) -This program welcomes parents, caregivers, and babies to experience music together. Families will gather together and sing songs, learn rhymes, and use a variety of musical instruments, props, and materials.

Playful Math (2 to 6 years) – Math is everywhere in our environment! We will use a variety of songs, rhymes, and activities to discover how math can be part of everyday play.

Songs, Rhymes, & Stories (0 to 6 years) - This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and Stories.

For April, **Songs, Rhymes, and Stories** are being offered in the following languages:

Cantonese
English
Mandarin
Spanish
Ukrainian
Urdu



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